

POST-OP LEEP INSTRUCTIONS

ONCE YOU ARE AT HOME:

- You may have a vaginal discharge for up to four weeks. It may vary in color from pink to yellow to dark brown.
- There may be some light bleeding for a few weeks, or you may start your period early.
- Avoiding heavy activity or exercise for two-three days is recommended.
- You may shower or tub bath as usual
- You may experience some mild cramping for 48 hours. This should be relieved by Advil, Motrin, or Tylenol; take as directed.
- Do not put anything in the vagina for 6 weeks: this includes
No intercourse
No douching
No tampons

WARNING SIGNS:

Call the office or the nursing line if you experience any of the following symptoms:

- Fever or 100 or greater
- Heavy vaginal bleeding (soaking a pad and changing pad every one to two hours).
- Severe pain
- Vaginal discharge with a foul odor.

TELEPHONE NUMBERS:

Office Phone (M-F 8 am – 4:30 pm)	1-304-599-8790
Nursing Line	1-304-599-8792 ext. 1
After Hours	1-304-598-1212